



5 Keys to Effective Catechesis

Presented by
Don Kurre

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Who are we and
what do we bring?





Goal

- To explore catechetical process
- Name 5 keys used by effective Catechists
- Name 2 actions you will take to strengthen your ministry.



“...the definitive aim of catechesis is to put people not only in touch, but in communion, in **intimacy**, with Jesus Christ.”

(John Paul II CT #5)



Effective Catechesis

Always a gift from God. (1 Cor. 3:6)

You are the medium in which the message of the faith is incarnated.

(NCD Conclusion)



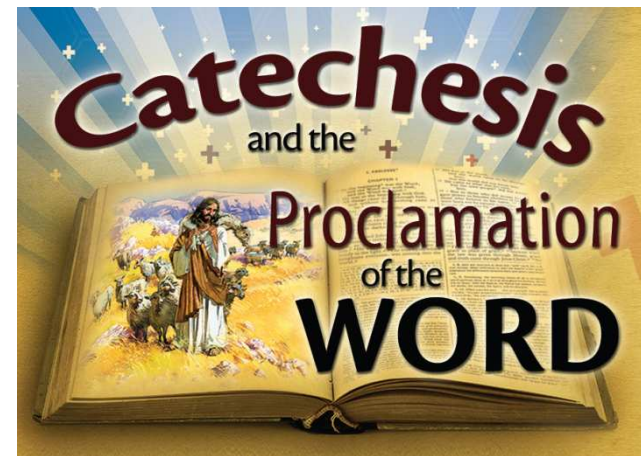
Catechesis:

- Nurtures seed of faith
- Gives growth to the gift of faith
- Elaborates meaning of Sacraments
- Deeper understanding of Mystery of Christ
- Incorporation into the Church
- Nourishes Christian living
- Encourages discipleship
- Instructs in Christian Prayer

(NDC 68)

The Five Keys

- Focus on Relationships
- Be Prepared
- Follow the Catechetical Process
- You are OK
- Prayer

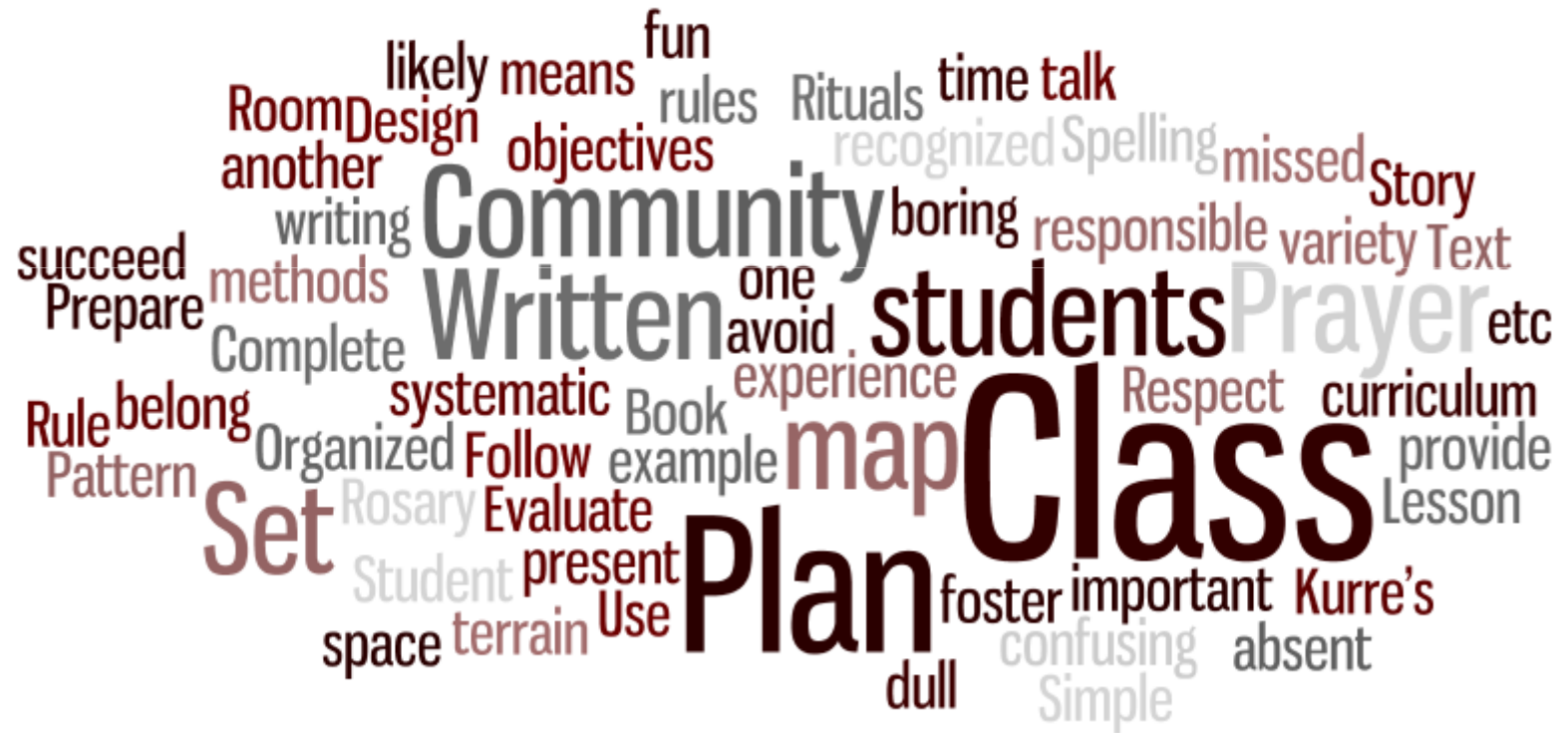


Focus on Relationships

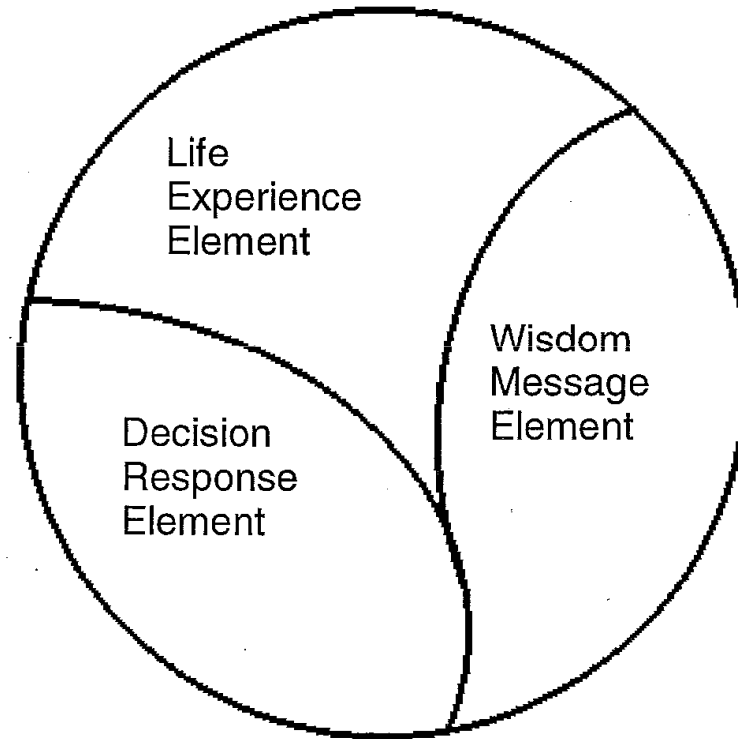
- Crucial for ministry
- Belonging
- Community
- Know your students
- Parents doing best they can
- Reward behavior you want



Be Prepared



Catechetical Process



You are OK

- Know your self – Come to class OK
- Set realistic expectations
- Jesus saves NOT the Catechist!
- Learn most from someone we like
- Focus on the Student
- Who you are and what you do is **important**



Prayer

- For yourself
- For each student
 - Daily
 - By name





Concluding

What did you learn?

How will you use what you learned?

Name two concrete actions.

Tell the person next to you.



Thank you

Thank you for your participation in this session.

Don Kurre

1225 S Poplar Suite #100

North Platte, NE 69101

308-221-1005

donk05@gmail.com

www.drku.org